

29e Championnat provincial des Maîtres Nageurs Financière Manuvie
Canada, 16. - 18.4.2010

Epreuve 25 Dames, 400m Libre 18 ans et plus
 2010-04-17 - 13:24 Liste résultats

Record provincial 18 - 24	4:51.59	LEMIEUX CHANTAL								1992-01-01
Record provincial 25 - 29	4:40.60	Belanger Edith	TORP	PEPS-	Université Laval, Québec					2008-05-18
Record provincial 30 - 34	4:41.42	CHARRON CHRISTINE	CMDG	etobicoke						2009-05-01
Record provincial 35 - 39	4:49.53	PELLAND ISABELLE	SJER	CSO,	Montréal					2007-05-01
Record provincial 40 - 44	4:48.58	Pincott Cynthia	ENC	Trois-Rivières						2005-04-17
Record provincial 45 - 49	4:51.89	Pincott Cynthia	ENC	Québec						2007-04-24
Record provincial 50 - 54	5:25.94	AVRITH PILAR		STE-FOY						2004-04-01
Record provincial 55 - 59	5:56.31	LEPINE SYLVIE		OTTAWA						2009-03-01
Record provincial 60 - 64	6:19.44	MCCULLAGH PAULINE								1998-01-01
Record provincial 65 - 69	6:42.61	DILLINGER ERDA		POINTE-CLAIRE						2007-01-26
Record provincial 70 - 74	7:36.23	NAIMAN SHEILA								2000-01-01
Record provincial 75 - 79	8:21.73	Naiman Sheila	MPC	Montréal						2006-04-01
Record provincial 80 - 84	8:45.96	Naiman Sheila	MPC	Canada						2010-04-16
Record provincial 85 - 89	10:20.28	Warren Lillian		STE-FOY						2004-04-01
Record provincial 90 - 94	12:48.90	Warren Lillian	MDDO	Dollard des Ormeaux						2010-03-20

Points: FINA 2008

Rang			Age							Temps	Pts	
18 - 24 ans												
1.	Berry Erin		19	MPC						5:12.75	451	
	50m:	37.00	37.00	150m:	1:57.31	40.18	250m:	3:16.63	39.19	350m:	4:35.04	38.74
	100m:	1:17.13	40.13	200m:	2:37.44	40.13	300m:	3:56.30	39.67	400m:	5:12.75	37.71
2.	Grzelak Kathryn		19	MPC						5:25.27	401	
	50m:	35.35	35.35	150m:	1:57.08	41.75	250m:	3:20.95	41.95	350m:	4:44.97	41.51
	100m:	1:15.33	39.98	200m:	2:39.00	41.92	300m:	4:03.46	42.51	400m:	5:25.27	40.30
3.	Grenier Marie-France		21	É.N. Longueuil						5:39.38	353	
	50m:	38.67	38.67	150m:	2:03.68	43.03	250m:	3:30.72	43.57	350m:	4:57.55	43.16
	100m:	1:20.65	41.98	200m:	2:47.15	43.47	300m:	4:14.39	43.67	400m:	5:39.38	41.83
4.	Fortin Claudia		22	Maîtres Nageurs Québec						6:10.32	272	
	50m:	40.97	40.97	150m:	2:13.64	47.24	250m:	3:48.74	47.28	350m:	5:23.96	47.45
	100m:	1:26.40	45.43	200m:	3:01.46	47.82	300m:	4:36.51	47.77	400m:	6:10.32	46.36
5.	Lacroix Claudia		24	É.N. Longueuil						6:37.19	220	
	50m:	39.00	39.00	150m:	2:13.04	48.82	250m:	3:56.85	52.60	350m:	5:44.54	54.31
	100m:	1:24.22	45.22	200m:	3:04.25	51.21	300m:	4:50.23	53.38	400m:	6:37.19	52.65
6.	Hurtado Zoe		21	Westmount YMCA Masters						7:05.89	179	
	50m:	47.48	47.48	150m:	2:34.75	54.66	250m:	4:27.43		350m:	6:16.88	54.52
	100m:	1:40.09	52.61	200m:			300m:	5:22.36	54.93	400m:	7:05.89	49.01
25 - 29 ans												
1.	Sloan Tara		29	M. Dollard-Des-Ormeaux						4:53.60	545	
	50m:	33.70	33.70	150m:	1:45.99	36.37	250m:	3:00.33	37.01	350m:	4:16.18	38.12
	100m:	1:09.62	35.92	200m:	2:23.32	37.33	300m:	3:38.06	37.73	400m:	4:53.60	37.42
2.	Desroches Myriam		27	Maîtres Nageurs Québec						5:18.42	427	
	50m:	36.31	36.31	150m:	1:55.28	40.16	250m:	3:16.58	40.55	350m:	4:37.81	40.88
	100m:	1:15.12	38.81	200m:	2:36.03	40.75	300m:	3:56.93	40.35	400m:	5:18.42	40.61
3.	Pressé Cindy		25	M. Dollard-Des-Ormeaux						5:20.49	419	
	50m:	37.64	37.64	150m:	1:57.61	40.33	250m:	3:19.79	41.20	350m:	4:42.11	40.97
	100m:	1:17.28	39.64	200m:	2:38.59	40.98	300m:	4:01.14	41.35	400m:	5:20.49	38.38
4.	Bouffard Véronic		28	Club de Natation de Montréal-Nord						5:24.60	404	
	50m:	35.57	35.57	150m:	1:56.80	41.21	250m:	3:20.90	42.41	350m:	4:44.95	42.44
	100m:	1:15.59	40.02	200m:	2:38.49	41.69	300m:	4:02.51	41.61	400m:	5:24.60	39.65

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Epreuve 25, Dames, 400m Libre, 25 - 29 ans

Rang			Age					Temps	Pts			
5.	Hudon Elodie		29	Maîtres Ste-Foy				5:30.13	384			
	50m:	38.73	38.73	150m:	2:01.93	42.14	250m:	3:25.54	41.61	350m:	4:49.56	42.38
	100m:	1:19.79	41.06	200m:	2:43.93	42.00	300m:	4:07.18	41.64	400m:	5:30.13	40.57
6.	Guggisberg Marie-Caroline		29	Club Natation Piscine Parc Oly				5:58.24	300			
	50m:	40.84	40.84	150m:	2:10.60	45.50	250m:	3:42.14	45.76	350m:	5:13.88	45.92
	100m:	1:25.10	44.26	200m:	2:56.38	45.78	300m:	4:27.96	45.82	400m:	5:58.24	44.36
7.	Juarez Maria		27	Westmount YMCA Masters				6:39.10	217			
	50m:	44.66	44.66	150m:	2:22.61	49.41	250m:	4:04.89	51.22	350m:	5:48.36	51.96
	100m:	1:33.20	48.54	200m:	3:13.67	51.06	300m:	4:56.40	51.51	400m:	6:39.10	50.74
8.	MARTIN LAETITIA		28	Technosport				8:30.94	103			
	50m:	54.78	54.78	150m:	3:04.64	1:05.72	250m:	5:17.80	1:07.09	350m:	7:29.58	1:05.34
	100m:	1:58.92	1:04.14	200m:	4:10.71	1:06.07	300m:	6:24.24	1:06.44	400m:	8:30.94	1:01.36

30 - 34 ans

1.	Levasseur Heidi		31	Club de natation Mégophias				5:06.33	480			
	50m:	36.19	36.19	150m:	1:54.55	39.25	250m:	3:11.37	37.85	350m:	4:28.36	38.81
	100m:	1:15.30	39.11	200m:	2:33.52	38.97	300m:	3:49.55	38.18	400m:	5:06.33	37.97
2.	D'Amboise Marie-Ève		32	MPC				5:13.61	447			
	50m:	35.95	35.95	150m:	1:54.37	39.43	250m:	3:14.00	39.63	350m:	4:33.93	39.98
	100m:	1:14.94	38.99	200m:	2:34.37	40.00	300m:	3:53.95	39.95	400m:	5:13.61	39.68
3.	Troide Maia		32	M. Dollard-Des-Ormeaux				5:25.17	401			
	50m:	38.13	38.13	150m:	2:01.40	41.70	250m:	3:24.33	41.26	350m:	4:45.54	40.12
	100m:	1:19.70	41.57	200m:	2:43.07	41.67	300m:	4:05.42	41.09	400m:	5:25.17	39.63
4.	Blasco Katie		33	Maîtres Nageurs Québec				5:51.12	319			
	50m:	39.82	39.82	150m:	2:09.03	44.79	250m:	3:39.01	45.04	350m:	5:08.87	44.52
	100m:	1:24.24	44.42	200m:	2:53.97	44.94	300m:	4:24.35	45.34	400m:	5:51.12	42.25
5.	ROY JULIE		30	CAMO				6:01.81	291			
	50m:	39.64	39.64	150m:	2:09.75	45.23	250m:	3:42.65	46.83	350m:	5:17.68	47.17
	100m:	1:24.52	44.88	200m:	2:55.82	46.07	300m:	4:30.51	47.86	400m:	6:01.81	44.13
6.	Lemay Nadia		32	Club de natation Mégophias				6:10.54	271			
	50m:	41.59	41.59	150m:	2:13.96	46.54	250m:	3:47.58	46.83	350m:	5:23.68	49.29
	100m:	1:27.42	45.83	200m:	3:00.75	46.79	300m:	4:34.39	46.81	400m:	6:10.54	46.86
7.	DEMARAIS CATHERINE		30	Technosport				6:10.64	271			
	50m:	42.42	42.42	150m:	2:17.50	48.10	250m:	3:53.38	48.10	350m:	5:28.80	47.60
	100m:	1:29.40	46.98	200m:	3:05.28	47.78	300m:	4:41.20	47.82	400m:	6:10.64	41.84
8.	Thibodeau Geneviève		32	Club de natation Samak				6:19.83	252			
	50m:	40.76	40.76	150m:	2:14.67	48.11	250m:	3:53.39	49.32	350m:	5:32.61	49.53
	100m:	1:26.56	45.80	200m:	3:04.07	49.40	300m:	4:43.08	49.69	400m:	6:19.83	47.22
9.	PÉPIN Julie		33	Les Dauphins de Rimouski				6:20.58	250			
	50m:	43.85	43.85	150m:	2:20.01	49.09	250m:	3:57.05	48.92	350m:	5:34.02	48.57
	100m:	1:30.92	47.07	200m:	3:08.13	48.12	300m:	4:45.45	48.40	400m:	6:20.58	46.56
10.	LANDRY Stéphanie		32	Les Dauphins de Rimouski				6:55.71	192			
	50m:	46.00	46.00	150m:	2:29.31	53.17	250m:	4:17.50	54.61	350m:	6:06.14	53.99
	100m:	1:36.14	50.14	200m:	3:22.89	53.58	300m:	5:12.15	54.65	400m:	6:55.71	49.57
11.	Carrier Laurence		34	Westmount YMCA Masters				6:58.87	188			
	50m:	45.11	45.11	150m:	2:25.48	50.65	250m:	5:17.54	1:59.80	350m:	6:59.17	48.95
	100m:	1:34.83	49.72	200m:	3:17.74	52.26	300m:	6:10.22	52.68	400m:	6:58.87	

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Epreuve 25, Dames, 400m Libre, 30 - 34 ans

Rang			Age					Temps	Pts			
12.	KHAN AMNA		32	Technosport				7:00.02	186			
	50m:	46.19	46.19	150m:	2:31.86	52.93	250m:	4:20.32	54.55	350m:	6:08.04	53.58
	100m:	1:38.93	52.74	200m:	3:25.77	53.91	300m:	5:14.46	54.14	400m:	7:00.02	51.98
13.	Cheng Yvonne		33	Westmount YMCA Masters				7:32.44	149			
	50m:	54.92	54.92	150m:	2:52.24	58.93	250m:	4:50.11	59.11	350m:	6:44.56	56.34
	100m:	1:53.31	58.39	200m:	3:51.00	58.76	300m:	5:48.22	58.11	400m:	7:32.44	47.88
35 - 39 ans												
1.	Beland Nathalie		38	Maîtres Nageurs Québec				5:00.07	511			
	50m:	33.70	33.70	150m:	1:49.30	37.97	250m:	3:06.89	38.80	350m:	4:23.45	38.25
	100m:	1:11.33	37.63	200m:	2:28.09	38.79	300m:	3:45.20	38.31	400m:	5:00.07	36.62
2.	TESSIER Alexandra		36	Les Dauphins de Rimouski				5:07.97	473			
	50m:	34.39	34.39	150m:	1:50.45	38.43	250m:	3:09.74	39.68	350m:	4:28.65	39.43
	100m:	1:12.02	37.63	200m:	2:30.06	39.61	300m:	3:49.22	39.48	400m:	5:07.97	39.32
3.	Matte Stéphanie		36	Club de natation Mégophias				5:17.08	433			
	50m:	35.80	35.80	150m:	1:54.67	40.20	250m:	3:16.80	40.87	350m:	4:38.30	40.56
	100m:	1:14.47	38.67	200m:	2:35.93	41.26	300m:	3:57.74	40.94	400m:	5:17.08	38.78
4.	Labelle Stephanie		35	C.N. St-Félicien				5:33.80	371			
	50m:	36.82	36.82	150m:	1:58.29	42.21	250m:	3:23.46	42.78	350m:	4:51.01	43.88
	100m:	1:16.08	39.26	200m:	2:40.68	42.39	300m:	4:07.13	43.67	400m:	5:33.80	42.79
5.	Bourassa Nancy		35	Club de natation Samak				5:34.72	368			
	50m:	37.39	37.39	150m:	2:00.57	42.33	250m:	3:26.12	42.66	350m:	4:52.32	43.33
	100m:	1:18.24	40.85	200m:	2:43.46	42.89	300m:	4:08.99	42.87	400m:	5:34.72	42.40
6.	Dunn Monika		37	À Contre-Courant				5:41.42	347			
	50m:	40.36	40.36	150m:	2:06.22	42.96	250m:	3:32.26	43.13	350m:	4:58.95	43.45
	100m:	1:23.26	42.90	200m:	2:49.13	42.91	300m:	4:15.50	43.24	400m:	5:41.42	42.47
7.	Leblanc Maude		38	MBC				5:46.67	331			
	50m:	39.95	39.95	150m:	2:05.54	43.12	250m:	3:33.59	44.13	350m:	5:03.04	44.88
	100m:	1:22.42	42.47	200m:	2:49.46	43.92	300m:	4:18.16	44.57	400m:	5:46.67	43.63
8.	Levett Jennifer		38	Westmount YMCA Masters				5:52.69	315			
	50m:	41.00	41.00	150m:	2:09.50	44.68	250m:	3:38.46	44.32	350m:	5:08.50	44.92
	100m:	1:24.82	43.82	200m:	2:54.14	44.64	300m:	4:23.58	45.12	400m:	5:52.69	44.19
9.	Poirier Guy-Anne		38	CACM				6:01.73	292			
	50m:	39.66	39.66	150m:	2:10.39	45.99	250m:	3:43.41	46.40	350m:	5:17.16	47.00
	100m:	1:24.40	44.74	200m:	2:57.01	46.62	300m:	4:30.16	46.75	400m:	6:01.73	44.57
10.	Doré Nathalie		37	C.A. St-Eustache				6:02.38	290			
	50m:	40.97	40.97	150m:	2:11.74	46.05	250m:	3:44.04	46.17	350m:	5:18.22	46.79
	100m:	1:25.69	44.72	200m:	2:57.87	46.13	300m:	4:31.43	47.39	400m:	6:02.38	44.16
11.	MCILWAINE TRACEY		39	Technosport				6:07.17	279			
	50m:	40.82	40.82	150m:	2:13.02	46.73	250m:	3:47.33	47.33	350m:	5:22.67	47.35
	100m:	1:26.29	45.47	200m:	3:00.00	46.98	300m:	4:35.32	47.99	400m:	6:07.17	44.50
12.	Gagnon Sylvie		39	STL				6:49.12	202			
	50m:	43.42	43.42	150m:	2:26.11	52.46	250m:	4:14.93	54.62	350m:	6:02.21	52.94
	100m:	1:33.65	50.23	200m:	3:20.31	54.20	300m:	5:09.27	54.34	400m:	6:49.12	46.91

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Epreuve 25, Dames, 400m Libre

40 - 44 ans

1.	Miklosi Chantal		40	Neptune		5:07.24	476	
	50m: 35.62	35.62	150m: 1:52.73	38.89	250m: 3:10.81	38.82	350m: 4:30.38	39.95
	100m: 1:13.84	38.22	200m: 2:31.99	39.26	300m: 3:50.43	39.62	400m: 5:07.24	36.86
2.	LEMIEUX Chantal		43	Les Dauphins de Rimouski		5:19.55	423	
	50m: 35.90	35.90	150m: 1:55.48	40.15	250m: 3:17.02	40.93	350m: 4:40.17	41.48
	100m: 1:15.33	39.43	200m: 2:36.09	40.61	300m: 3:58.69	41.67	400m: 5:19.55	39.38
3.	Levesque Lyne		44	Club de natation Mégophias		5:20.68	419	
	50m: 37.37	37.37	150m: 1:58.57	40.84	250m: 3:20.89	40.84	350m: 4:42.24	40.23
	100m: 1:17.73	40.36	200m: 2:40.05	41.48	300m: 4:02.01	41.12	400m: 5:20.68	38.44
4.	MCARTON JENNIFER		42	Technosport		5:23.42	408	
	50m: 36.55	36.55	150m: 1:56.55	40.79	250m: 3:19.39	41.47	350m: 4:43.04	41.84
	100m: 1:15.76	39.21	200m: 2:37.92	41.37	300m: 4:01.20	41.81	400m: 5:23.42	40.38
5.	Broughton-Wilkinson Vanessa		41	C.A. St-Eustache		5:31.99	377	
	50m: 35.95	35.95	150m: 1:58.67	42.11	250m: 3:25.10	43.19	350m: 4:50.44	42.41
	100m: 1:16.56	40.61	200m: 2:41.91	43.24	300m: 4:08.03	42.93	400m: 5:31.99	41.55
6.	Heffernan Tina		42	MPC		5:35.59	365	
	50m: 38.27	38.27	150m: 2:02.58	42.54	250m: 3:28.96	43.22	350m: 4:54.71	43.18
	100m: 1:20.04	41.77	200m: 2:45.74	43.16	300m: 4:11.53	42.57	400m: 5:35.59	40.88
7.	Norris Tara		43	Westmount YMCA Masters		5:52.54	315	
	50m: 39.26	39.26	150m: 2:08.32	45.11	250m: 3:39.83	45.78	350m: 5:10.34	44.97
	100m: 1:23.21	43.95	200m: 2:54.05	45.73	300m: 4:25.37	45.54	400m: 5:52.54	42.20
8.	Sinclair Jessica		41	Westmount YMCA Masters		6:01.79	291	
	50m: 39.90	39.90	150m: 2:10.85	46.54	250m: 3:43.68	46.47	350m: 5:16.89	46.24
	100m: 1:24.31	44.41	200m: 2:57.21	46.36	300m: 4:30.65	46.97	400m: 6:01.79	44.90
9.	Dugré Isabelle		44	Les Loutres de Montréal		6:10.88	271	
	50m: 44.74	44.74	150m: 2:17.53	46.16	250m: 3:50.94	46.57	350m: 5:25.25	47.54
	100m: 1:31.37	46.63	200m: 3:04.37	46.84	300m: 4:37.71	46.77	400m: 6:10.88	45.63
10.	Longtin Martine		41	M. Dollard-Des-Ormeaux		6:23.50	245	
	50m: 42.13	42.13	150m: 2:16.32	48.32	250m: 3:54.88	49.61	350m: 5:34.56	49.90
	100m: 1:28.00	45.87	200m: 3:05.27	48.95	300m: 4:44.66	49.78	400m: 6:23.50	48.94
11.	Simard Chantale		42	Maîtres Ste-Foy		6:33.69	226	
	50m: 45.17	45.17	150m: 2:22.88	49.32	250m: 4:03.08	50.10	350m: 5:43.82	50.32
	100m: 1:33.56	48.39	200m: 3:12.98	50.10	300m: 4:53.50	50.42	400m: 6:33.69	49.87
12.	KMET DARCIA		42	Technosport		7:58.23	126	
	50m: 51.46	51.46	150m: 2:52.50	1:02.39	250m: 4:56.70	1:01.59	350m: 6:59.40	1:01.07
	100m: 1:50.11	58.65	200m: 3:55.11	1:02.61	300m: 5:58.33	1:01.63	400m: 7:58.23	58.83
13.	Caravias Mary		40	STL		8:27.70	105	
	50m: 56.48	56.48	150m: 3:04.41	1:04.99	250m: 5:14.19	1:04.84	350m: 7:25.01	1:05.36
	100m: 1:59.42	1:02.94	200m: 4:09.35	1:04.94	300m: 6:19.65	1:05.46	400m: 8:27.70	1:02.69

45 - 49 ans

1.	Leclerc Carole		47	Club de natation Mégophias		5:46.28	332	
	50m: 40.45	40.45	150m: 2:08.97	44.29	250m: 3:36.26	43.32	350m: 5:03.70	43.69
	100m: 1:24.68	44.23	200m: 2:52.94	43.97	300m: 4:20.01	43.75	400m: 5:46.28	42.58
2.	Marshall Sarah		48	MPC		5:47.67	328	
	50m: 40.46	40.46	150m: 2:09.28	44.45	250m: 3:37.87	44.07	350m: 5:05.77	43.82
	100m: 1:24.83	44.37	200m: 2:53.80	44.52	300m: 4:21.95	44.08	400m: 5:47.67	41.90

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Epreuve 25, Dames, 400m Libre, 45 - 49 ans

Rang				Age					Temps	Pts		
3.	Osterland Lisa			47	Westmount YMCA Masters				6:45.08	208		
	50m:	43.41	43.41	150m:	2:25.48	52.56	250m:	4:08.84	52.40	350m:	5:57.00	53.51
	100m:	1:32.92	49.51	200m:	3:16.44	50.96	300m:	5:03.49	54.65	400m:	6:45.08	48.08
4.	Tremblay Daniele			45	C.A. St-Eustache				6:59.90	186		
	50m:	45.24	45.24	150m:	2:28.66	52.76	250m:	4:15.92	54.51	350m:	6:06.31	55.08
	100m:	1:35.90	50.66	200m:	3:21.41	52.75	300m:	5:11.23	55.31	400m:	6:59.90	53.59
5.	Velly Florence			47	Westmount YMCA Masters				7:19.23	163		
	50m:	45.18	45.18	150m:	2:31.08	55.38	250m:	4:24.85	56.41	350m:	6:22.85	59.97
	100m:	1:35.70	50.52	200m:	3:28.44	57.36	300m:	5:22.88	58.03	400m:	7:19.23	56.38
6.	Bluteau Nancy			45	Maîtres Nageurs du Saguenay				7:35.04	146		
	50m:	49.77	49.77	150m:	2:42.79	57.67	250m:	4:40.60	58.83	350m:	6:37.41	58.21
	100m:	1:45.12	55.35	200m:	3:41.77	58.98	300m:	5:39.20	58.60	400m:	7:35.04	57.63
7.	Pasquantonio Rosa			49	Westmount YMCA Masters				10:33.37	54		
	50m:	1:07.48	1:07.48	150m:	3:46.42	1:20.67	250m:	6:32.75	1:24.15	350m:	9:18.69	1:22.24
	100m:	2:25.75	1:18.27	200m:	5:08.60	1:22.18	300m:	7:56.45	1:23.70	400m:	10:33.37	1:14.68

50 - 54 ans

1.	Eden Linda			52	Westmount YMCA Masters				6:26.55	239		
	50m:	44.68	44.68	150m:	2:23.66	49.54	250m:	4:01.16	49.05	350m:	5:38.29	47.17
	100m:	1:34.12	49.44	200m:	3:12.11	48.45	300m:	4:51.12	49.96	400m:	6:26.55	48.26
2.	Leclerc Louise			53	Maîtres Nageurs Québec				6:56.15	192		
	50m:	46.35	46.35	150m:	2:30.06	52.99	250m:	4:16.77	53.81	350m:	6:04.63	53.91
	100m:	1:37.07	50.72	200m:	3:22.96	52.90	300m:	5:10.72	53.95	400m:	6:56.15	51.52
3.	GOSELIN KIM ÉLAINE			50	CAMO				7:19.65	162		
	50m:	53.10	53.10	150m:	2:44.60	55.63	250m:	4:34.94	54.09	350m:	6:26.51	54.88
	100m:	1:48.97	55.87	200m:	3:40.85	56.25	300m:	5:31.63	56.69	400m:	7:19.65	53.14
4.	Darroman Vally			53	Les Loutres de Montréal				7:39.02	143		
	50m:	50.26	50.26	150m:	2:41.41	56.29	250m:	4:41.68	1:00.95	350m:	6:41.00	1:01.04
	100m:	1:45.12	54.86	200m:	3:40.73	59.32	300m:	5:39.96	58.28	400m:	7:39.02	58.02
5.	Reiter Sylvia			52	Westmount YMCA Masters				7:45.61	137		
	50m:	54.01	54.01	150m:	2:55.22	59.94	250m:	4:53.43	59.30	350m:	6:50.58	58.45
	100m:	1:55.28	1:01.27	200m:	3:54.13	58.91	300m:	5:52.13	58.70	400m:	7:45.61	55.03
6.	Caskie Fiona			51	Westmount YMCA Masters				8:12.79	115		
	50m:	55.87	55.87	150m:	3:04.46	1:05.22	250m:	5:10.62	1:02.12	350m:	7:15.13	1:01.61
	100m:	1:59.24	1:03.37	200m:	4:08.50	1:04.04	300m:	6:13.52	1:02.90	400m:	8:12.79	57.66
7.	LOMBARDO JAMIE			51	Technosport				8:14.59	114		
	50m:	54.41	54.41	150m:	2:58.33	1:03.01	250m:	5:05.98	1:03.82	350m:	7:13.26	1:03.58
	100m:	1:55.32	1:00.91	200m:	4:02.16	1:03.83	300m:	6:09.68	1:03.70	400m:	8:14.59	1:01.33
8.	Farmer Marie			52	Westmount YMCA Masters				8:39.91	98		
	50m:	1:00.47	1:00.47	150m:	3:11.42	1:06.71	250m:	5:25.57	1:06.94	350m:	7:39.09	1:07.63
	100m:	2:04.71	1:04.24	200m:	4:18.63	1:07.21	300m:	6:31.46	1:05.89	400m:	8:39.91	1:00.82
9.	Furlotte Arden			52	Westmount YMCA Masters				9:19.20	79		
	50m:	59.09	59.09	150m:	3:18.87	1:11.80	250m:	5:46.98	1:14.31	350m:	8:12.50	1:12.36
	100m:	2:07.07	1:07.98	200m:	4:32.67	1:13.80	300m:	7:00.14	1:13.16	400m:	9:19.20	1:06.70
10.	Hausen Tina			50	MPC				10:00.92	64		
	50m:	1:09.56	1:09.56	150m:	3:46.83	1:18.01	250m:	6:16.15	1:14.54	350m:	8:50.40	1:17.05
	100m:	2:28.82	1:19.26	200m:	5:01.61	1:14.78	300m:	7:33.35	1:17.20	400m:	10:00.92	1:10.52

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55 - 59 ans

1.	Beauchamp Carole	58	C.A. St-Eustache	6:32.74	228
	50m: 43.64 43.64	150m: 2:20.82 49.62	250m: 4:03.25 50.97	350m: 5:45.11 50.90	
	100m: 1:31.20 47.56	200m: 3:12.28 51.46	300m: 4:54.21 50.96	400m: 6:32.74 47.63	
2.	Macpherson Patricia	56	MPC	7:32.74	149
	50m: 49.84 49.84	150m: 2:45.77 58.55	250m: 4:42.36 57.85	350m: 6:39.36 58.38	
	100m: 1:47.22 57.38	200m: 3:44.51 58.74	300m: 5:40.98 58.62	400m: 7:32.74 53.38	
3.	Lessard Marie-Luce	58	Maîtres Ste-Foy	7:40.76	141
	50m: 51.78 51.78	150m: 2:49.05 1:00.23	250m: 4:47.07 58.99	350m: 6:44.63 58.83	
	100m: 1:48.82 57.04	200m: 3:48.08 59.03	300m: 5:45.80 58.73	400m: 7:40.76 56.13	
4.	Lafleur Nicole	56	Les Loutres de Montréal	7:51.80	131
	50m: 52.50 52.50	150m: 2:48.15 59.15	250m: 4:50.69 1:01.66	350m: 6:54.34 1:01.58	
	100m: 1:49.00 56.50	200m: 3:49.03 1:00.88	300m: 5:52.76 1:02.07	400m: 7:51.80 57.46	
5.	Cooke Rosemary	58	Westmount YMCA Masters	8:45.51	95
	50m: 52.01 52.01	150m: 3:00.53 1:05.43	250m: 5:19.57 1:11.11	350m: 7:39.99 1:09.14	
	100m: 1:55.10 1:03.09	200m: 4:08.46 1:07.93	300m: 6:30.85 1:11.28	400m: 8:45.51 1:05.52	
6.	Allard Martine	58	CACM	9:00.49	87
	50m: 1:04.27 1:04.27	150m: 3:21.89 1:08.73	250m: 5:38.25 1:08.16	350m: 7:53.32 1:06.14	
	100m: 2:13.16 1:08.89	200m: 4:30.09 1:08.20	300m: 6:47.18 1:08.93	400m: 9:00.49 1:07.17	
7.	Royer Aline	55	M. Dollard-Des-Ormeaux	10:09.95	61
	50m: 1:05.86 1:05.86	150m: 3:42.12 1:18.67	250m: 6:17.77 1:18.18	350m: 8:54.31 1:18.15	
	100m: 2:23.45 1:17.59	200m: 4:59.59 1:17.47	300m: 7:36.16 1:18.39	400m: 10:09.95 1:15.64	

60 - 64 ans

1.	Desjardins Gail	60	La vague de Brossard	7:22.31	159
	50m: 49.03 49.03	150m: 2:38.88 56.23	250m: 4:34.91 57.89	350m: 6:29.72 57.16	
	100m: 1:42.65 53.62	200m: 3:37.02 58.14	300m: 5:32.56 57.65	400m: 7:22.31 52.59	
2.	Denis Lise	61	MBC	7:34.52	147
	50m: 47.96 47.96	150m: 2:39.68 57.26	250m: 4:38.95 58.81	350m: 6:37.73 58.74	
	100m: 1:42.42 54.46	200m: 3:40.14 1:00.46	300m: 5:38.99 1:00.04	400m: 7:34.52 56.79	
3.	Bisson Monique	60	La vague de Brossard	7:35.02	146
	50m: 55.22 55.22	150m: 2:51.19 58.73	250m: 4:46.57 56.81	350m: 6:40.70 56.89	
	100m: 1:52.46 57.24	200m: 3:49.76 58.57	300m: 5:43.81 57.24	400m: 7:35.02 54.32	
4.	Kyle Margot	63	Westmount YMCA Masters	7:41.44	140
	50m: 49.00 49.00	150m: 2:48.56 1:00.87	250m: 4:46.11 58.98	350m: 6:44.54 59.67	
	100m: 1:47.69 58.69	200m: 3:47.13 58.57	300m: 5:44.87 58.76	400m: 7:41.44 56.90	
5.	Jomphe Linda	60	MBC	8:39.36	99
	50m: 59.14 59.14	150m: 3:09.05 1:05.37	250m: 5:22.19 1:06.60	350m: 7:33.33 1:05.51	
	100m: 2:03.68 1:04.54	200m: 4:15.59 1:06.54	300m: 6:27.82 1:05.63	400m: 8:39.36 1:06.03	
6.	Ferme Joanne	60	Westmount YMCA Masters	8:43.08	96
	50m: 1:00.06 1:00.06	150m: 3:12.61 1:07.60	250m: 5:27.96 1:07.60	350m: 7:40.71 1:05.80	
	100m: 2:05.01 1:04.95	200m: 4:20.36 1:07.75	300m: 6:34.91 1:06.95	400m: 8:43.08 1:02.37	
7.	Cardinal Liliane	61	MPC	9:07.25	84
	50m: 1:03.10 1:03.10	150m: 3:21.68 1:10.02	250m: 5:41.29 1:10.27	350m: 8:01.20 1:10.72	
	100m: 2:11.66 1:08.56	200m: 4:31.02 1:09.34	300m: 6:50.48 1:09.19	400m: 9:07.25 1:06.05	

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65 - 69 ans

1. De Verteuil Chantal	67	MBC						9:18.24	79
50m: 59.30	59.30	150m: 3:20.14	1:12.55	250m: 5:44.42	1:11.42	350m: 8:10.98	1:13.78		
100m: 2:07.59	1:08.29	200m: 4:33.00	1:12.86	300m: 6:57.20	1:12.78	400m: 9:18.24	1:07.26		

70 - 74 ans

1. Jacques Hélène	70	Maîtres Nageurs Québec						8:05.14	121
50m: 57.47	57.47	150m: 3:01.07	1:01.81	250m: 5:03.75	1:01.15	350m: 7:05.10	1:00.36		
100m: 1:59.26	1:01.79	200m: 4:02.60	1:01.53	300m: 6:04.74	1:00.99	400m: 8:05.14	1:00.04		

75 - 79 ans

1. Grauer Kathy	76	Westmount YMCA Masters						15:14.91	18
50m: 1:36.33	1:36.33	150m: 5:23.57	1:56.08	250m: 9:20.36	1:58.77	350m:			
100m: 3:27.49	1:51.16	200m: 7:21.59	1:58.02	300m: 11:20.79	2:00.43	400m: 15:14.91			

80 - 84 ans

1. Naiman Sheila	80	MPC						9:09.35	83
50m: 1:00.36	1:00.36	150m: 3:24.78	1:13.42	250m: 5:46.51	1:10.05	350m: 8:03.59	1:07.92		
100m: 2:11.36	1:11.00	200m: 4:36.46	1:11.68	300m: 6:55.67	1:09.16	400m: 9:09.35	1:05.76		